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Q&A WITH "THE EXTREME MAKEOVER" COSMETIC DENTIST ASH PARMAR

LASER DENTISTRY BENEFIT FROM THE BEST IN MODERN TREATMENT TECHNIQUES IN DENTISTRY

Lasers have revolutionized hundreds of industries throughout the world, and dentistry is no different. Dentists who have lasers can offer more procedures, in less time, and with better results than traditional methods.

Does laser treatment hurt?

Definitely not. Laser energy is very gentle. It can be used to make changes in soft tissues or even prepare a cavity without local anaesthetic! If we do need to make it numb, then only a fraction of the anaesthetic is needed. So wherever possible, always opt for comfortable, state-of-the-art laser dentistry.

What about after the treatment, is there any discomfort?

Rarely. The reason for that is that lasers are very precise and gentle in their action. There is no bleeding or swelling after the tissue has been shaped. Also, laser energy is bactericidal – this means that any area that is treated is effectively sterilized making healing fast and comfortable.

What are lasers used for in dentistry?

To achieve a great smile, you need nicely shaped and even, white teeth, as well as nice lips and even gum lines. The laser can be used to create even gum lines by artistically sculpting the gum tissue. This gum lift procedure can be done in a matter of minutes. After the treatment, people who have a "gummy smile" can enjoy an



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CHERYL BEFORE

improvement to their image and self-confidence. A special type of laser can also prepare cavities (i.e. do small to medium sized fillings) without the need for drilling or injections. This is perfect for patients who have a phobia of injections or drilling!

- Root canal treatment (because laser energy kills bacteria, it is perfect for cleaning out infection inside a tooth during root canal treatment)
- Ulcers (painful ulcers in the mouth can be removed within a few minutes)
- Sensitivity (lasers are proven to help fight sensitivity of teeth which is a common problem)

What percentage of dentists use lasers?

Very few indeed (I am guessing about 1-2%). It is a real shame that dentists do not make the investment in this amazing technology to help patients have the best available in modern dentistry. At Smile design By Ash, we have two special and totally different lasers to offer a complete range of treatment options. I am also a laser trainer and have trained dentists from all over UK and Europe.

*If you have any further questions on laser dentistry or how to improve your smile, please visit our informative website www.smiledesignbyash.co.uk, or telephone 020 85000544 to arrange a **FREE INITIAL CONSULTATION** ■*

What else can lasers do?

There are dozens of other uses. Some of the other main indications are: -

- Tongue-tie correction (sometimes a fold of tissue "ties the tongue" down. The laser can remove this quickly and painlessly to improve the mobility and comfort for the tongue)
- Gum treatment (more advanced gum disease can be treated by laser therapy)