Hi I'm Dina and I would like you to look at my profile picture. What I look like remains a matter of opinion but what does that smile looks like?"????

This was carried out yesterday by Ash. I never used to smile; I hated the way I looked. I used to go to the dentist but came out unhappy. Last September, I decided enough was enough. I was going to find a dentist who was going to listen and tell me what I needed to improve my smile. Ash was not the first cosmetic dentist I saw and if you want to know anything about my journey I will be happy to tell you.

I came across Smile Design by Ash on a Google search. I forwarded a picture and Petya a very soft person, who has made me realise my worth, talked me through a few of the procedures Ash could carry out to improve the femininity of my smile. I went along for the free consultation (Coffee's good there too!!!) I opted for a thorough dental assessment. On a further visit Ash went through the findings with me and advised me to correct the dental problems I had and most importantly work on my dental hygiene. The hygienist Jessica is fab and will really show you how to clean and maintain your teeth.

One of the things that made me proceed with my treatment with Smile design by Ash was Ash himself and I will never forget what he said to me "Dina first and foremost I am a dentist and I advise you strongly to correct your dental problems before completing any of your trial smile." I knew then that I had picked the right person.

Don't be put off thinking you maybe cannot afford it. There are various ways to make it affordable but for me it was breaking down the treatment in stages, and I have achieved my Smile Design in 7 months.

Oh, if you think these teeth look good they are my temps. I have been told that once they are made by Ash's technician who Ash has promised me is one of the best in his field and now knowing Ash he would not settle for anything but perfection, I know I will have that beautiful, confident smile I set out to achieve 7 months ago.

I must just say a mention to Cheryl and Dee the dental nurses who have assisted Ash and who cried with me yesterday when they saw the result. Jyoti Ash's wife, partner and brilliant dentist, she makes you feel so at ease and is so gentle and Ash's father, our friendly chat's I will miss as my treatment is coming to an end.

These people really will make a difference in your dental experience.

Ash you are a legend and the best in your field. From the bottom of my heart a big "Thank You" to you and everyone I have met on my journey.