

# CHARITY UPDATE

*By Ash Parmar*

*"It's not how much we give but how much love we put into giving."*

*Mother Teresa*

*"Beauty is not who you are on the outside, it is the wisdom and time you gave away to save another struggling soul, like you."*

*Shannon L. Alder*

In December 2015, I made a decision to help raise £20,000 for two worthy charities – Food For Life Vrindavan in India and Haven House in Essex. I am pleased to say that we have so far raised £16,200; and as I write this, one of my patients has made a generous pledge to donate £1,500. This makes our new total £17,700. If anyone can help raise more funds to help achieve the final target, I would appreciate being contacted personally on 07971 291180 or via email at [abparmar@aol.com](mailto:abparmar@aol.com).

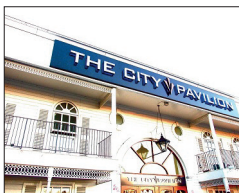


## SUMMER CHARITY EVENT AT CITY PAVILLION ON FRIDAY 24TH JUNE 2016 AT 6.30PM

My focus is now on organizing the big event we want to host for 300 people on 24th June 2016 from 6.30pm at the Manhattan Suite at City Pavillion in Romford.

This will be a very special and memorable evening with a three-course dinner (sumptuous Indian food), live entertainment, inspirational presentations by the two charities, a raffle, and an auction with some amazing items on offer. It will also be a great opportunity to network and make new friends and acquaintances.

The tickets will be priced at only £35 per person (includes food and soft drinks), with tables of 12. A bar will be available on the night. If any LIFE magazine reader is interested in attending with their family or friends, please contact me as soon as possible as tickets will be selling fast.



## THE DETAILS

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